

GELATINIZATION OF SORGHUM STARCH:

Technological and Nutritional Importance









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La Veronese Molino e Riseria Martini

Allergen Free Company

- Italian Excellence in Gluten Free Manufacturing.
- Tradition and Innovation.
- High-quality raw materials.
- Field-to-fork supply chain.
- Since 2015 involved in the processing of Sorghum
- In the European landscape, the company is uniquely positioned, having developed proprietary technology for the gelatinization of Sorghum.















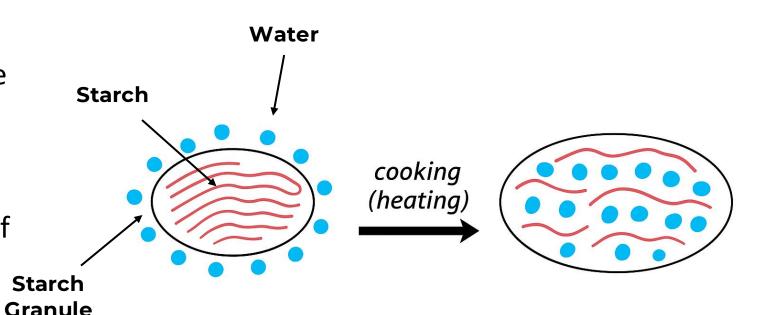




Defining Gelatinization in Starch-Based Systems

Gelatinization is a physical process in which starch granules, upon heating in the presence of water, lose their crystalline structure and swell.

This leads to the formation of a viscous matrix with increased accessibility to digestive enzymes.



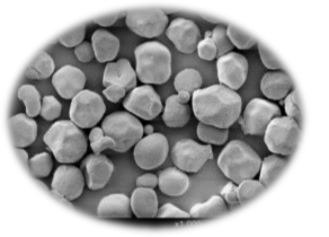
Raw Starch in Water

Gelated Starch











We have 1001 reasons to invest in sorghum

Sorghum Starch is mainly composed of Amylose (20-30%) and Amylopectin (70-80%).

Small granules, round or polygonal, with termal behavior different from other cereals (maize, rice).

Gelatinization temperature: 68–78 °C, depending on the variety.

Photo from sciencedirect.com Sorghum starch as depressant in mineral flotation.

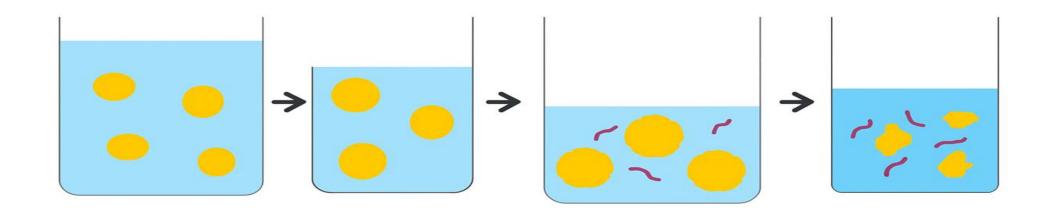






Gelatinization Mechanism





- 1. Application of heat and water
- 2. Granule absorption and swelling
- 3. Loss of birefringence and disruption of crystalline order
- 4. Amylose leaching and increased viscosity

Simplified diagram, author's own elaboration.







Technological Importance

Increased
viscosity and
gel formation
useful in
baking and
snacks

Gelatinization reduces the hydrophobic properties of Sorghum, thereby facilitating its processing in industrial applications.

Improves
thickening
functionality
in foods and
beverages

Influence on **texture**, volume, and crispness of products









Importance of Sorghum Gelatinization for the Food Industry

- Ensures product standardization
- Improves process control and stability
- Enhances quality and uniformity of the final product
- Improves shelf life and stability of the processed products



Competitiveness

and

Market Share Acquisition









Application of Sorghum in the Food Industry







Flakes and precooked Flours





Pasta











Naturally Gluten Free

Rich in Fiber

Phenolic compounds, Tannins, Anthocyanins Health Benefits of Sorghum

Sorghum and cholesterol

High Carbohydrate content Rich in Protein, Iron, Zinc, Magnesium

Photo from Shutterstock – Wise Society





Conclusions We have 1001 reasons to invest in sorghum

Optimization of technological quality and **standardization** of the processed products

GELATINIZATION
OF SORGHUM
KEY POINTS

Enhancing market competitiveness

Opportunities for the **development** of healthy, gluten-free, low-glycemic foods



THE EUROPEAN UNION SUPPORTS

CAMPAIGNS THAT PROMOTE HIGH

QUALITY AGRICULTURAL PRODUCTS.



References

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